GHANA EDUCATION SERVICE

SCHOOL HEALTH EDUCATION PROGRAMME UNIT

WASH IN SCHOOLS (WinS)

ANNUAL REPORT, 2012

DECEMBER, 2012
1.0. Introduction
The Ministry of Education’s (MoE) Education Strategic Plan (ESP) 2010-2020 includes WASH in Schools under Policy Objective Quality Education (QE) 12 – “Expand and improve School Health, Sanitation and Safety systems”. This objective includes goals in hygiene systems, sanitation and potable water (with the goals of 100% of Basic Education Schools having hygiene systems and sanitation by 2015 and 75% of schools having access to potable water). The School Health Education Programme (SHEP) Unit has been tasked with carrying out and coordinating this policy objective.

Water, sanitation and hygiene in schools – WASH in Schools (WinS) provide safe drinking water, improve sanitation facilities and promote lifelong health. WinS enhances the wellbeing of children and their families and paves the way for new generations of healthy children. It helps children realise their full potential now and prepares them for healthy living as adults and enable them to share this legacy when they become parents.

The activities implemented in 2012 are outlined as follows:

2.0. Handwashing with Soap Promotional Activities:

a. The SHEP Unit in collaboration with the Community Water and Sanitation Agency (CWSA), the Environmental Health and Sanitation Directorate (EHSD), the Private Sector, Development Partners, NGOs to mention a few undertook a number of handwashing with soap promotional activities in selected Public and Private Basic schools across Ghana. Both school and their teachers were taken through the need to observe handwashing with soap at critical times, the importance of handwashing, the steps in handwashing and practical demonstration of handwashing.

b. SHEP participated in a Unilever lifebuoy school-based handwashing activity. The schools children properly demonstrated the steps in handwashing with soap signifying the high level of awareness creation on the subject.

c. Rotary Club Ghana, Ring Road Branch as part of their annual cooperate responsibility, donated handwashing facilities and a water roller to two selected clusters of schools in Accra Metropolis. The beneficiary schools were Garrison Basic at the Burma Camp Cluster of schools and Osu Cluster of Schools.
Unilever Lifebuoy 5 Programme at Mother Care School, Accra

Donation by Rotary Club Ghana at Garrison Basic School, Burma Camp

Donation by Rotary Club Ghana at Osu Presby Cluster of Schools
3.0. Evaluation of WASHSPLASH in Northern and Central Regions
The SHEP Unit in collaboration with the Environmental Health and Sanitation Directorate (EHSD) of the Ministry of Local Government and Rural Development (MLGRD) piloted WASHSPLASH in the Tolon Kumbungu District of the Northern Region and Asikuma Odoben Brakwa District of the Central Region. The project ended in December 2011. There was the need for the evaluation to inform stakeholders of the impact on the pilot of the programme. In view of this an assessment was conducted in March, 2012.
The WASHSPLASH initiative laid emphasis on three hygiene behaviours namely:
- Household water treatment, water transport and safe storage
- Handwashing with soap
- Safe excreta disposal

Following the success of the pilot project, the WASHSPLASH initiative is to be rolled-out to 10 UNICEF supported districts.

4.0. Establishment of School Sanitation Hygiene Sub-Group
The SHEP Unit has established a school sanitation and hygiene sub-group to spearhead WinS activities and galvanise action for scaling up WinS interventions. This is based on the recognition of the immense potential for galvanising action for WinS in Ghana.
The group had already met to finalize a ToR and input into strategies and guidelines outlined to be developed for use by SHEP Coordinators and schools

5.0. Assessment of Cholera outbreak in affected areas
The WASH Programme of UNICEF Ghana tasked a committee to undertake an assessment of the water, sanitation and hygiene behaviour aspect of cholera outbreak in selected districts of the Eastern and Greater Accra Regions.

Key Findings
- One of the victims did do observe handwashing with soap after church before eating after shaking hands with so many people during and after church service
- People who convey the victims to the health facilities also got infected due to poor personal hygiene afterwards
- One of the houses where a victim was treated and discharged had Water Closet with running water while in two separate places where two victims died did used household latrine
- Drinking water was challenges in the households visited
- Health officials paid visits to victims to education them
Response by Municipal Assembly
- Public sensitization campaigns
- Screening of food vendors
- Inspection of food items on sale, confiscation of unwholesome food and prosecution of offenders
- Supervision of safe burial for dead victims and fumigation of premises
- Institution of clean-up exercises within Municipality
- Fumigation of areas of possible contamination
- Institution of a surveillance system by the Disease Control Dept to trace victims and possible sources of contracting disease

Conclusions and Recommendations
- The team concluded that cases could have arisen mainly through food vending (contaminated food sources) or through contaminated water sources as well as not observing washing hands with soap
- It is recommended that awareness campaigns are intensified and sensitization on good hygiene practices strengthened and observed appropriately.
- Regular inspections by Environmental Health Personnel will enhance compliance.
- Bylaws on environmental sanitation etc. should be enforced

The SHEP Unit in collaboration with UNICEF are developing the following documents to guide SHEP Coordinators, teachers and stakeholders who are into Water, Sanitation and Hygiene activities in the schools.
- National Strategy for WinS implementation
- National Minimum Standards for WinS (includes technical standards)
- WinS Implementation Strategy
- Trainers guide /manual for implementation of school sanitation and hygiene education
  - Food vendor’s training
  - Training on HWWS
- Guidelines for School Health Clubs including annual plan of activities with timelines
- Guidelines And Practical Tools For Promoting Children And Youth Participation At All Stages Of WASH Programming (Includes WASH Ambassadors)
- Guidelines And Tools For Children’s Involvement In Community Led Total Sanitation (Covers Both Outreach From Community And Outreach From School)
- Training Guide/Manual For Operation And Maintenance Of School Latrines
• Schools Facilities Management Plans
• Guidelines And Practical Tools For Promoting Menstrual Hygiene For School Children
• Keeping School Toilets Clean: Guidelines For The School Toilet Charter And Toilet Angel System
• BEST AWARD Framework And Scoring System
• Manual For Life Skills Based Hygiene Education
• IEC Materials

Two meetings have been held to assess existing materials for revision and development.

7.0. Football for WASH
The initiative is a unique Dutch cooperation between the WASH sector and the world of football, with the ultimate goal of improving access to WASH infrastructure and to facilitate sustainable change in WASH behaviours for children in basic schools in Ghana and two others.

Football for Water, Sanitation and Hygiene (WASH) is an initiative promoted by the Dutch Partner organizations. Their aim is to link the Dutch WASH sector’s proven capacities with regard to infrastructure provision and the Royal Netherlands Football Association’s long standing expertise in football based life-skills training.

An inception meeting was held in May, 2012. The meeting was attended by key agencies from the MoE / GES, WASH Sector, MOWAC, Ministry of Youth and Sports, GFA and Football sector from Ghana and the Netherlands. The four day meeting was organized to build the necessary alliances and partnership, constitute relevant bodies and develop detail project implementation plans ready to initiate operations of Football for Water, Sanitation and Hygiene (F4WASH) project in Ghana.

7.1. Objectives of the Meeting
• Establish relevant structures and systems for the implementation of football for WASH project.
• Build necessary collaborative links with Dutch and Ghanaian partner agencies
• Complete the development of plans to guide the process.

7.2. Presentations and Discussions
The meeting was formally opened with a welcome note from Charles Tsegah, Deputy Director General of the Ghana Education Service. The meeting started with presentations by Ghanaian partner agencies. The School Health Education Programme (SHEP) of the Ghana Education Service (GES). The Officer in Charge and the WinS Programme Officer presented an outline of the SHEP policy, Strategic framework, WASH in Schools project (WinS) A representative from the Basic Education Division of the GES presented on Child Friendly School Initiative. The GES presentations pointed to existence of a favourable policy environment that is supportive of the Football for
WASH project concept. They also provided related examples of how sports and recreation have and could be used to promote WASH in schools.

UNICEF- Ghana is a prominent member of the Football for WASH partnership both in Ghana and the Netherlands. The Chief of WASH and WASH Specialist made a joint presentation depicting UNICEF’s WASH initiatives in Ghana and the very active partnership with the Government. The presentation highlighted the nature and scope of the partnership with the Government of Ghana for the delivery of WASH programme in the country. This included the WInS and BEST schools initiative. A complete analysis of institutional arrangements, the WASH sector in Ghana and stakeholder organizations were also covered during their presentations.

The project seeks to provide WASH access to 150,000 pupils WASH project is expected to support 400 schools nation-wide. Statistics for the other countries have been tabulated below:

### 7.3. Proposed Distribution of Football for WASH Facilities

<table>
<thead>
<tr>
<th>Planning:</th>
<th>Approx. Children:</th>
<th>Schools: 1.080</th>
</tr>
</thead>
<tbody>
<tr>
<td>Schools Kenya</td>
<td>300,000</td>
<td>240</td>
</tr>
<tr>
<td>Schools Mozambique</td>
<td>300,000</td>
<td>440</td>
</tr>
<tr>
<td>Schools Ghana</td>
<td>150,000</td>
<td>400</td>
</tr>
</tbody>
</table>

### 7.4. Debriefing Meeting

The inception meeting ended with a debriefing meeting at the Ministry of Education, where the team made a presentation to the ministry on the opportunities available in Ghana which would ensure the work.
Field Visit to Dangme East District

Debriefing meeting at the MoE

7.5. **Football for WASH: School Application Form, December, 2012**

**Instruction:**
Basic Schools wishing to be part of the F4WASH Project must fill this form in triplicate and submit copies to the District Director of Education, for onward submission to Regional Directorate of Education and the National SHEP Office.

**A. Institutional Profile**

1. Name of the school .................................................................
   Address of the school............................................................

2. Name of the Headteacher........................................................
   a. Postal Address of the head teacher .................................


b. Cell phone

3. Community Circuit District Region

4. Is it a private or public school?
   If it is private, is it registered by the GES?

<table>
<thead>
<tr>
<th>Schools</th>
<th>Number of Pupils</th>
<th>Boys:</th>
<th>Girls:</th>
<th>Total:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of Teachers</td>
<td>Male:</td>
<td>Female:</td>
<td>Total:</td>
<td></td>
</tr>
</tbody>
</table>

Accessibility:
- By Road
- By Footpath
- By Vehicle
- Any other, specify

B. Bank Account

Type of Account:
Account Number:
Name of Bank:
Amount in Bank:

C. Common Diseases

List of common water and sanitation-related diseases pupils suffer from
1. 
2. 
3. 
4. 
5. 
6. 

D. Existing Sanitary and Football Facilities

<table>
<thead>
<tr>
<th>Existing WASH Facility</th>
<th>Type</th>
<th>Accessible Yes, No</th>
<th>Functional Yes, No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Laterines / Toilets</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Urinals</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Handwashing Facility</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Water Storage Containers eg. Polytank</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Water Source</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dustbins</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Football Pitch</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
F. Income Generation
Please list any income generating activities successfully carried out by the school within the last three years
1. ____________________________________________________________
2. ____________________________________________________________
3. ____________________________________________________________

H. Space for the Construction of Latrines and Water facilities
Do you have adequate space? Yes ☐ No ☐
Is the proposed site free from litigation/claims Yes ☐ No ☐

J. Administrative/Operational Structures
Indicate appropriately with a tick if the following exists or not:

School-based Health Coordinator              Yes ☐ No ☐
Physical Education Teacher                   Yes ☐ No ☐
School Management Committee                 Yes ☐ No ☐
Parent/Teacher Association                   Yes ☐ No ☐
School Health Club                           Yes ☐ No ☐
Football team boys                           Yes ☐ No ☐
Football teams for girls                     Yes ☐ No ☐

K. Declaration
We the undersigned hereby state that if our school is selected for F4WASH, will undertake the following obligations:
• Complete Facility Management Plan (FMP) before construction commends to indicate plans for the operation and maintenance of the facility
• School-based Health Coordinator and Head teacher to participate in a Hygiene Education training
• Hold regular meetings on Sanitation, Hygiene and football
• Prepare an Action Plan for implementation of activities
• Integration of hygiene interventions into school’s regular activities
• Undertake proper Operation and Maintenance activities on the facility provided

Head Teacher's Name-------------------------------------------------------------------------------------

Date------------------------------------- Signature..........................................................

School PTA Chair person’s Name --------------------------------------

Date------------------------------------- Signature..........................................................

District SHEP Coordinator---------------------------------------------------------------

Date------------------------------------- Signature..........................................................
8.0. Training of Trainer’s (ToT) Workshop on WASH in Schools for SHEP Coordinator and Relevant Key Stakeholders

An effective WinS implementation requires extensive consultation and collaboration among several stakeholders including school children. The processes include planning, management, capacity-building and coordination among others between multiple agencies.

It is in this vein that the SHEP Unit of GES in collaboration with UNICEF conducted a ToT workshop on effective implementation of WinS in Ghana for SHEP Coordinators and relevant stakeholders.

The purpose of the capacity building workshop was to equip SHEP Coordinators and partners with the requisite knowledge and skills to implement WinS and especially with the formation and implementation School Health Club (SHC) activities. A downstream training was conducted for Headteachers, School based Health Coordinators (SbHC) and Circuit Supervisors (CS) in 200 selected Basic schools.

The five most deprived regions and districts currently being supported by UNICEF WASH Programme participated in the workshop. The participants were grouped into Northern and Southern Zones. The Northern Zone consisted of participants from Upper East, Upper West and Northern Regions respectively. The Southern Zone consisted of participants from Central and Volta regions.

8.1. Objectives
The ToT Workshop sought to achieve the following objectives:
- identify critical planning activities, such as assessing current school WASH conditions, existing conditions and capacity
- collaborate with critical stakeholders at school, district, regional and national levels
- select appropriate behaviour change approaches and child-friendly WASH facilities
- establish structures and school data management and information systems for accountability and sustainability

8.2. Participation
The ToT drew participants from the Education and the WASH Sectors, Department of Community Development Officers as follows:
- Regional SHEP Coordinator
- District SHEP Coordinator
- Regional Training Officer
iv. Regional Chief Inspector of Schools
v. Environmental Health Officer
vi. Extension Services Coordinators of Community Water and Sanitation Agency
vii. Community Development Officer

9.0. **5th Global Handwashing Day Commemoration**

The 2012 edition of the Global Handwashing Day commemoration marked the 5th anniversary and took place at the National Children's Park in Accra. The commemoration attracted politicians, Directors from Ministries, Departments and Agencies (MDAs), school children and teachers, Development Partners, International and Local NGOs, Traditional Leaders, the Private Sector. The lead agency for the celebration was the Community Water and Sanitation Agency (CWSA).

Activities for the 5th Birthday commemoration included, solidarity messages from partners, cultural display, dramatisation on hygiene and handwashing, cutting of anniversary cake and mass demonstration of handwashing with soap. In attendance was also the state School for Deaf and the National Cadet Corps.
The Second Lady of the Republic of Ghana with support by some school children cut the anniversary cake. The participants present pledged their support to practice handwashing with soap at critical times.
10.0. World Toilet Day Celebration

World toilet day is celebrated every 19th day of November. The 2012 commemoration took place at Tamale in the Northern Region. The SHEP Unit supported the Environmental Health and Sanitation Directorate of the Ministry of Local Government and Rural Development to mark the occasion. The celebration attracted politicians, school children, teachers, Environmental Health Officers, Development Partners, International and Local NGOs, the Private Sector and Traditional Leaders. As part of the commemoration, communities that have attained Open Defecation Free (ODF) status were awarded. This was to motivate the award winning communities to maintain their ODF status and also encourage other communities who have not yet attain ODF status to endeavour to get there.

As part of the school-based activities to commemorate the occasion, selected schools in the Northern Region participated in a sanitation and hygiene quiz competition. The schools which emerged winners were giving prizes. The Regional Quiz competition was sponsored by UNICEF Ghana. The Hon. Minister for Local Government and Rural Development, Mr. Samuel Ofosu-Ampofo donated six Biofil toilets to the first three award winning schools.

A cross section of School Children at the Commemoration

Madam Clara Dube, Chief of UNICEF Field Office, Tamale making a presentation to the 1st Award Winning School
11.0. PERSONAL HYGIENE AND MENSTRUAL HYGIENE EDUCATION

Education on personal hygiene and menstrual hygiene and menstrual hygiene management was carried out in all schools across the country. A total of 5,000 school-aged children participated. The methodology adopted was talk, discussion, demonstration and dramatization. Education was mostly done during Wednesday morning worship, School Health Club meetings where it is functional, durbars, outreach programmes, camp meetings by churches. It is also treated as a normal classroom topic in the school curricula.

It is hoped that pupils would put what has been learnt so far into practice to result in a positive behavioural change.
17.0. Challenges
  o Inadequate financial support from GOG to organize activities
  o Logistical constraints impede programme implementation at all levels.
  o The attrition rate of trained school-based Health Coordinators is high. District and Regional SHEP Coordinators are transferred frequently creating problems with sustainability and skills transfer.
  o Uncoordinated and fragmented programming by some NGOs and other stakeholders result in duplication of efforts
  o The National SHEP office lack vehicles to facilitate activities such as monitoring, official travels to meetings and programmes

16.0. Way Forward
  1. Capacity Strengthening for SHEP Coordinators at all levels; national, regional, district and school.
  3. Finalising the development of strategies, manuals and handbooks to facilitate the implementation of WASH in Schools (WinS)
  4. Intensifying WinS implementation in the Private Schools as well as Senior High Schools
  5. Advocate for water and improved sanitation facilities in the schools at the pre-tertiary level.
  6. Intensify monitoring activities in the schools
Menstrual Hygiene Management Education for Girls at an Annual Camp Meeting
A school Girl demonstrating handwashing soap at a morning worship

Handwashing materials
A school practising handwashing after break

Mobile toilet
Inside the mobile toilet

A school toilet with a handwashing facility by it